

PATIENT'S INFORMED CONSENT DOCUMENT

PATIENT IS TO READ EACH PARAGRAPH AND SIGN AT THE BOTTOM OF EACH PAGE

Today's date:

Name: Age: Date of birth: / / Sex: Male Female

Phone - Home: () Mobile: ()

Name and Address of Physician

Dr. Jack M. Wolfson D.O., F.A.C.C.
Wolfson Integrative Cardiology
10585 N. Tatum Blvd., Suite D-135
Paradise Valley, AZ 85253

I have specifically sought out the services and perspective of Dr. Wolfson for the way in which he practices integrative and alternative medicine. While Dr. Wolfson is a board-certified cardiologist and a Fellow of the American College of Cardiology (FACC), Wolfson Integrative Cardiology focuses on integrative and alternative medicine for cardiology care as well as internal medicine.

Dr. Wolfson has explained to me and I fully understand the following:

- (a) Much of Dr. Wolfson's treatment being recommended is not recognized as traditional, but is an integrative or alternative method. Integrative and alternative medicine, like any other treatment or medication, may or may not alleviate or cure the condition(s) for which it is offered.
- (b) Dr. Wolfson believes that integrative and alternative medicine may be valuable to your health. However, as with any type of treatment or testing, you should fully understand the potential risks and benefits of the testing, as well as other available testing options, including lab work, before deciding whether the work-up and following medical analysis and possible treatment provided by Dr. Wolfson is right for you. It is important that you read and understand the information contained in this form so that you can make an informed choice about being treated at Wolfson Integrative Cardiology, by its agents, and Dr. Wolfson, specifically. If after reading this form, you have any concerns or questions regarding the testing or treatment you should talk to Dr. Wolfson.
- (c) The federal government, including Medicare and Medicaid, and most insurance companies, do not generally pay or reimburse for most nutritional supplements recommended by Dr. Wolfson.
- (d) Some of the testing being recommended at Wolfson Integrative Cardiology are not recognized as traditional, but are alternative testing methods.
- (e) Some of the services provided by Dr. Wolfson include:

I have read and understand the content of this page _____.

- (1) ECG, echocardiography, holter monitor, and treadmill testing;
- (2) Nutrition and environmental counseling;
- (3) Nutritional supplements (which can be purchased at locations other than Wolfson Integrative Cardiology)

Dr. Wolfson will provide a description and explain all services to you prior to treatment.

(f) While Dr. Wolfson cannot guarantee the results of the treatment protocol and therapy, the likelihood of treatment success often increases in patients who follow a healthy lifestyle. Therefore, Dr. Wolfson strongly urges patients to maintain a healthy lifestyle. Many of the factors which contribute to a healthy lifestyle include:

- (1) Limit alcohol, not smoking, and avoiding caffeine;
- (2) Low carb nutrition;
- (3) Physical activity;
- (4) Reducing stress;
- (5) Taking recommended nutritional supplements; and
- (6) Maintaining any medication or treatment regimen proposed by your doctors.

In addition to contributing to the success of the treatment protocol and therapy, following a healthy lifestyle may increase the safety of some of the treatments, and prolong the benefits of it. If you have any concerns about your ability to maintain a healthy lifestyle, Dr. Wolfson's treatment and therapy may not be appropriate for you. You should discuss with your doctor any questions you may have about healthy life habits before undergoing integrative and alternative treatment.

(g) Dr. Wolfson believes the healthiest diet is a low carbohydrate diet, often referred to by Dr. Wolfson as the "Caveman Diet." You, the undersigned, realize that this diet is not the official recommended diet by either the American College of Cardiology, or the American Heart Association. If you have any questions about any type of nutrition, please ask Dr. Wolfson.

(h) Dr. Wolfson recognizes guidelines published by the American College of Cardiology, but does not always base his recommendations in concordance with such guidelines.

(i) Some of the nutritional supplements prescribed or recommended at Wolfson Integrative Cardiology have never been tested by the FDA for determination of the actual contents or the medical effectiveness of the formulations.

(j) Dr. Wolfson may refer you to other providers, traditional and/or alternative. The care rendered by such providers is the sole and separate responsibility of those providers.

(k) While your treating doctor believes that the alternative and integrative treatments may be beneficial to your health and well-being, the traditional medical and scientific communities often dispute the medical/scientific proof of the effectiveness or therapeutic value of the treatments. You are free to contact any medical group, doctor, or association on their view of any testing or treatment before you begin. Dr. Wolfson believes the testing and treatment he oversees are valuable and might improve your health.



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(l) I may leave Wolfson Integrative Cardiology at any time. It was my independent choice whether to see Dr. Wolfson and it is always my choice whether to continue with him. I also understand that Dr. Wolfson reserves the right, at any time and without cause, to discontinue any patient due to poor compliance with Dr. Wolfson’s recommended program for any other reason.

(m) Wolfson Integrative Cardiology is a direct pay practice. Payment is due at the time of service. Some portion of services performed at Wolfson Integrative Cardiology may be covered and reimbursable by your insurance company.

(n) You, the patient, understands that Wolfson Integrative Cardiology is available from 9am to 5pm, Monday thru Friday. The office is closed weekends and holidays. No medical provider will be available during off hours. Also, the office will be closed during times of vacation. If you have a medical emergency, please call 911 or go to the closest emergency room. You may leave a voice message or email at health@thedrswolfson.com and we will get back to you during our business hours.

I, THE UNDERSIGNED, HAVE READ AND FULLY UNDERSTAND THE ABOVE INFORMATION, THE ELEMENTS OF MY INFORMED CONSENT, MY RIGHTS AND RESPONSIBILITIES, AND HEREBY GIVE CONSENT TO UNDERGO ALTERNATIVE AND INTEGRATIVE TREATMENT AT WOLFSON INTEGRATIVE CARDIOLOGY. INFORMATION ABOUT ME AND MY RECORDS WILL BE CONFIDENTIAL. DATA WILL BE STORED SECURELY AND WILL BE MADE AVAILABLE ONLY TO THE PERSONS PARTICIPATING IN MY EVALUATION AND SUBSEQUENT TREATMENT, IF ANY, UNLESS I SPECIFICALLY GIVE PERMISSION IN WRITING UNLESS OTHERWISE REQUIRED BY LAW.

Signature:

Date:

Witness:

Date: